

BOLD PATHS ADVENTURE TRAVEL

A LIFETIME OF ADVENTURE AWAITS



Bold Paths Winter Gear Guide

10 ESSENTIALS:

Map and Guidebook, Compass, Whistle, Pocket Knife, Flashlight or Headlamp, First Aid Kit, Match or Fire Starter, Extra Food and Water, Warm Clothing, Rain or Wind Gear.

Packing List: All-Day Trip

Traveling Gear

- Snowshoes or cross-country skis
- Trekking poles or ski poles
- Day pack
- First-aid kit
- Map
- Compass
- Water bottles (2 for all day)
- Headlamp
- Pocket knife
- Waterproof matches
- Fire starter

Food choices:

- Gorp
- Jerky
- Energy bars (2)
- Bagels/crackers
- Cheese
- Protein
- Sesame sticks

Head-to-Toe Clothing

- Fleece ski hat
- Sunglasses or Goggles
- Long underwear top
- Pile/fleece sweater
- Pile/fleece or down vest
- Waterproof/breathable shell jacket
- Glove combinations (2 or 3):
 - Liner gloves
 - Insulating gloves or mittens
 - Shell mittens
- Lightweight long underwear pants
- Waterproof/breathable pants or bibs
- Socks:
 - Liner socks
 - Wool socks (wear one and bring an extra pair)
- Gaiters
- Boots

Packing List: Overnight Trip—Sleeping inside (All-day trip gear is also required)

Clothing

- Balaclava
- Parka with full hood
- Fleece pants
- Second fleece or wool sweater
- Second pair of liner socks
- Third pair of wool socks
- Slippers or change of shoes